CN Plan-les-Ouates
CHAMPIONNAT SUISSE ESPOIRS **Lancy 15.07.-18.07.2010**

Aper- u des r®sultats Grand bassin (50m), FINA 2010

Lastname, Firstname	YOB	Strecke	Pl.	Time	Round	*Old PB.*	Diff.		
Elites externes									
Febo Jean-Baptiste	92 :	100m Libre	1	52.16	F	*52.13*	100%		727 Pts
		100m Libre	1	52.57		*52.13*	98%		710 Pts
		200m Libre	1	1:52.78	F	*1:53.81*	102%	Rec.clu	739 Pts
		200m Libre	2	1:58.84		*1:53.81*	92%		632 Pts
		400m Libre	1	4:03.51		*4:02.01*	99%		738 Pts
		100m Dos	1	1:00.62	F	*58.92*	94%		629 Pts
		100m Dos	1	1:02.30		*58.92*	89%		579 Pts
		100m Papillon	1	58.09	F	*56.37*	94%		630 Pts
		100m Papillon	1	58.03		*56.37*	94%		632 Pts
		200m 4 nages	3	2:13.00	F	*2:15.27*	103%	Rec.clu	631 Pts
		200m 4 nages	2	2:14.74		*2:15.27*	101%	MPP	607 Pts
Comp®tition Juniors									
Bussard Morgane	96 :	100m Libre	Re.	1:06.38		*1:08.58*	107%	MPP	482 Pts
		200m Libre	14	2:23.01		*2:25.35*	103%	MPP	493 Pts
		400m Libre	11	5:00.36		*5:08.75*	106%	MPP	504 Pts
		800m Libre	16	10:25.00		*10:35.77*	103%	MPP	494 Pts
		200m 4 nages	26	2:45.51		*2:45.02*	99%		442 Pts
D®e Aude	97 :	50m Dos		33.62		*34.54*	106%	MPP	521 Pts
		100m Dos	1	1:09.84	F	*1:14.44*	114%	MPP	576 Pts
		100m Dos	Re.	1:11.99		*1:14.44*	107%	MPP	526 Pts
		100m Dos	1	1:12.11		*1:14.44*	107%	MPP	523 Pts
		200m Dos	2	2:32.27	F	*2:41.60*	113%	Rec.clu	550 Pts
		200m Dos	2	2:34.60		*2:41.60*	109%	MPP	526 Pts
		100m Brasse		1:29.91		*1:30.31*	101%	MPP	368 Pts
		200m Brasse	13	3:08.09		*--.--*		MPP	413 Pts
		200m 4 nages	4	2:36.89	F	*2:41.89*	106%	Rec.clu	519 Pts
		200m 4 nages	6	2:40.39		*2:41.89*	102%	MPP	486 Pts
Forrest Alexandra	97 :	100m Libre		1:11.99		*1:13.04*	103%	MPP	378 Pts
		200m Libre	17	2:30.64		*2:32.13*	102%	MPP	421 Pts
		100m Dos	Re.	1:20.00		*1:19.28*	98%		383 Pts
		100m Dos	22	1:19.50		*1:19.28*	99%		390 Pts
		200m Dos		2:52.45		*--.--*	disq.		379 Pts
Pollard Charley	97 :	100m Libre	Re.	1:07.34		*1:07.61*	101%	MPP	462 Pts
		100m Libre	19	1:08.11		*1:07.61*	99%		446 Pts
		200m Libre	12	2:27.58		*2:27.80*	100%	MPP	448 Pts
		400m Libre	10	5:03.14		*5:08.78*	104%	MPP	490 Pts
		800m Libre	20	10:28.04		*10:38.41*	103%	MPP	486 Pts
		200m Brasse	17	3:11.22		*3:12.47*	101%	MPP	393 Pts
		200m 4 nages	22	2:51.28		*2:46.43*	94%		399 Pts
Z¿rcher Loμc	97 :	100m Libre	4	1:00.63	F	*1:02.56*	106%	MPP	463 Pts
		100m Libre	2	1:01.19		*1:02.56*	105%	MPP	450 Pts
		200m Libre	4	2:12.95	F	*2:18.13*	108%	MPP	451 Pts
		200m Libre	3	2:14.08		*2:18.13*	106%	MPP	440 Pts
		400m Libre	6	4:47.77		*4:51.86*	103%	MPP	447 Pts
		50m Dos		34.81		*35.32*	103%	MPP	329 Pts
		100m Dos	8	1:12.80	F	*1:15.66*	108%	MPP	363 Pts
		100m Dos	8	1:13.47		*1:15.66*	106%	MPP	353 Pts
		100m Papillon	10	1:14.10		*1:13.42*	98%		303 Pts
		200m 4 nages	13	2:42.76		*2:41.98*	99%		344 Pts

Comp®tition Elites

Cons Marie	93 :	200m Libre	24	2:23.39		*2:22.28*	98%		489 Pts
		100m Dos	5	1:09.74	F	*1:11.69*	106%	Rec.clu	578 Pts
		100m Dos	7	1:12.14		*1:11.69*	99%		522 Pts
		200m Dos	10	2:36.03		*2:34.66*	98%		511 Pts
		50m Papillon		34.98		*35.36*	102%	MPP	368 Pts
		200m 4 nages	26	2:42.62		*2:44.11*	102%	MPP	466 Pts
Cosandey Vanessa	95 :	200m Libre	Re.	2:23.05		*2:24.52*	102%	MPP	492 Pts
		400m Libre		4:58.09		*5:01.94*	103%	MPP	516 Pts
		800m Libre	10	10:01.03		*10:23.99*	108%	MPP	555 Pts
		100m Dos	9	1:14.81		*1:14.23*	98%		468 Pts
		200m Dos	7	2:36.88	F	*2:36.01*	99%		503 Pts
		200m Dos	6	2:37.45		*2:36.01*	98%		498 Pts
Gigon Meryl	95 :	100m Libre	5	1:01.97	F	*1:03.15*	104%	Rec.clu	593 Pts
		100m Libre	5	1:03.23		*1:03.15*	100%		558 Pts
		200m Libre	2	2:10.68	F	*2:15.81*	108%	Rec.clu	646 Pts
		200m Libre	3	2:14.53		*2:15.81*	102%	MPP	592 Pts
		400m Libre	4	4:38.19		*4:45.84*	106%	Rec.clu	635 Pts
		800m Libre	4	9:46.82		*9:45.41*	100%		596 Pts
Liess Nils	96 :	200m Libre	6	2:07.67	F	*2:09.95*	104%	MPP	509 Pts
		200m Libre	1	2:07.23		*2:09.95*	104%	MPP	515 Pts
		400m Libre	2	4:27.56		*4:31.14*	103%	MPP	556 Pts
		800m Libre	5	9:27.16		*9:15.83*	96%		506 Pts
		100m Dos	6	1:07.97	F	*1:08.51*	102%	MPP	446 Pts
		100m Dos	4	1:08.66		*1:08.51*	100%		432 Pts
		200m Dos	5	2:25.55	F	*2:24.17*	98%		454 Pts
		200m Dos	3	2:26.34		*2:24.17*	97%		447 Pts
		100m Papillon	11	1:08.19		*1:07.98*	99%		389 Pts
Liess Thomas	95 :	200m Libre	5	2:02.31	F	*2:08.97*	111%	MPP	579 Pts
		200m Libre	8	2:06.85		*2:08.97*	103%	MPP	519 Pts
		400m Libre		4:26.75		*4:30.47*	103%	MPP	561 Pts
		400m Libre	6	4:24.00		*4:30.47*	105%	MPP	579 Pts
		800m Libre		9:07.13		*9:37.87*	112%	Rec.clu	564 Pts
		1500m Libre	3	17:21.98		*17:31.08*	102%	Rec.clu	591 Pts
		100m Dos	2	1:03.53	F	*1:04.34*	103%	MPP	546 Pts
		100m Dos	6	1:06.00		*1:04.34*	95%		487 Pts
		200m Dos	1	2:15.58	F	*2:19.13*	105%	MPP	562 Pts
		200m Dos	3	2:22.56		*2:19.13*	95%		483 Pts
Mora Alessia	95 :	200m Libre	Re.	2:27.98		*2:27.93*	100%		445 Pts
		400m Libre	13	5:05.16		*5:07.21*	101%	MPP	481 Pts
		800m Libre	14	10:30.03		*10:32.41*	101%	MPP	482 Pts
Poppe Henry	93 :	100m Libre	20	57.17		*56.69*	98%		552 Pts
		200m Libre	13	2:04.60		*2:06.90*	104%	MPP	548 Pts
		400m Libre	11	4:23.73		*4:35.09*	109%	MPP	581 Pts
		100m Papillon	16	1:03.06		*1:03.15*	100%	MPP	493 Pts
Serigado Joana	96 :	100m Brasse	13	1:25.21		*1:26.90*	104%	MPP	432 Pts
		200m Brasse	12	3:03.19		*3:11.81*	110%	MPP	447 Pts
		200m 4 nages	22	2:42.37		*2:42.69*	100%	MPP	468 Pts

4 x 100m Libre Dames	:	Pollard Charley	97	Serigado Joana	96	20	4:31.07	
		Forrest Alexandra	97	Mora Alessia	95			
4 x 100m Libre Dames	:	Bussard Morgane	96	D®e Aude	97	15	4:21.31	Rec.club
		Cosandey Vanessa	95	Gigon Meryl	95			
4 x 200m Libre Dames	:	Mora Alessia	95	Forrest Alexandra	97	21	9:53.21	
		Pollard Charley	97	Serigado Joana	96			
4 x 200m Libre Dames	:	Cosandey Vanessa	95	Bussard Morgane	96	14	9:30.11	Rec.club
		D®e Aude	97	Gigon Meryl	95			
4 x 100m 4 nages Dames	:	Forrest Alexandra	97	Bussard Morgane	96	28	5:14.38	
		Pollard Charley	97	Mora Alessia	95			

4 x 100m 4 nages Dames	:	D®e Aude	97	Gigon Meryl	95	18	4:55.72	Rec.club
		Serigado Joana	96	Cosandey Vanessa	95			

Total 95 r®sultats individuels, performance moyenne: 102.0%
13 nouveau(x) record(s), 62 nouvelle(s) MPP(s)
Meilleure am®lioration: D®e Aude, 100m Dos 1:09.84